



AUSTRALASIAN ASSOCIATION OF
YOGA THERAPISTS
Leadership • Education • Integrative Medicine
Reg: A0050842W

TRAINING PROVIDER: APPLICATION FOR AAYT ACCREDITATION OF ONLINE/DISTANCE EDUCATION TRAINING PROGRAM



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This application document consists of four parts, all of which must be completed:

- Training Provider Application: Declaration
- Training Provider Application: Summary
- Training Provider Application: Curriculum to Membership and Education Standards Mapping
- AAYT online/distance education Yoga Therapy training requirements

Information on fees, renewal processes and benefits of AAYT program accreditation are also included for your information.

These completed forms can be emailed to secretary@yogatherapy.org.au. Please make sure each document is clearly named to describe its content.

Contact hours

Refers to direct contact between teacher or assigned mentor and student/s such as face-to-face teaching on site, or by electronic methods such as webinars, skype, email mentoring and other methods. This method implies imparting/discussion of yoga therapy skills and competencies whereby interaction can occur between teacher/mentor and student on a specific task or learning requirement.

Contact Hours must comprise a minimum of 70% of total course hours.

Contact Hours that are concurrent with other Membership Standards must be noted.

Non-contact hours

Refers to teacher supported non-contact hours. Examples may include prescribed reading, research and completion of self-directed learning tasks necessary to aid the acquisition of the skills and competencies for yoga therapy training.

TRAINING PROVIDER APPLICATION: DECLARATION

An online/distance course is defined as a course whereby the course material and assessment procedure are submitted and accessed in a number of ways rather than face-to-face. Although this will mainly be electronically, there may be some situations where postal mail needs to be used. Larger organisations may have fully supported IT systems to provide full electronic transmission of courses. However, AAYT recognises that there are many other ways to deliver courses and provide assessment. This may be via a specific site (for example, Dropbox), DVD, USB stick, documents attached to an email and in some cases postage mail. Feedback, mentoring and assessment may also be carried out by a number of methods depending on the ease of access for each student and include but may not be restricted to: DVD, documents attached to an email, Skype and phone.

To ensure that online/distance education courses provide an equivalent standard to face-to-face teaching Training Providers are required to complete a criteria checklist included in this application. To become accredited each criteria must receive a level 3. Please note feedback will be given if it is lower than level 3 and Training Providers will have a chance to make the necessary changes.

Course material may consist of a combination of pre-recorded lectures or webinars, power-point, written notes, video and audio files. Assessment will also be provided in an appropriate format with clear details provided at the commencement of the course. Marking will be within a specific timeframe.

The main difference between face-to-face and online/distance courses is the timeframe; the latter providing more flexibility when a student can study and complete course requirements. However, the course must still provide the equivalent of 70% face-to-face teaching and feedback needs to be provided within a specific time. It is up to the Training Provider to show how the distance or online teaching is equivalent to 70% face-to-face teaching. Adequate proof must also be supplied for the method of mentoring for the Practicum (150 hours).

AAYT accreditation is granted to Training Programs that align with the Association's endorsed Membership Standards. Applications may be made for accreditation of either:

1. a full Training Program (which aligns with all the Standards) or
2. a partial/short program (which aligns with one, or several of the Standards, but not all of them)

Graduates of an accredited full program will be deemed to have met all the membership Standards and can apply for full membership as an AAYT Accredited Yoga Therapist by providing proof of course completion and a certificate/statement which states that pre requisites to the training were met and verified.

Training Providers whose programs achieve AAYT accreditation may utilise the AAYT accredited training program logo and will be expected to comply with the following conditions:

- Only display the AAYT accredited training program logo on material or electronic publications specifically related to the accredited program, not other programs.

- Provide a link to the AAYT website on material and electronic publications related to the accredited program, along with the statement:
“This course is accredited by the Australasian Association of Yoga Therapists (AAYT). The AAYT is Australasia’s peak Yoga Therapy representative organisation and has endorsed Standards for the practice of Yoga Therapy in Australasia. A register of members and accredited training programs that meet those Standards is available from AAYT.”
- Maintain the Standard and coverage of the program in accord with that which was originally recognised.
- Advise AAYT of any changes to the program that may affect its alignment with the Standards.
- Make the applicable application payment and payment of review fees related to the ongoing accreditation of the program, as detailed in the fee schedule (on last page of this application form). Payment options will be provided following confirmation of course accreditation.
- Comply with the dates for annual renewal and the review process.
- Complete a Course Review Declaration every three years which confirms the currency of the course to in relation to alignment with AAYT Membership Standards.

I agree that upon AAYT granting accreditation of the Training Program outlined below, I/we will comply with the conditions outlined above.

Signed: _____

Name: _____

Date: _____

TRAINING PROVIDER APPLICATION: SUMMARY

Please complete the form below providing all necessary details. All supporting documents should be named clearly eg Assessment for module one; Application form xxx; Certificate of course completion.

Program Name		
Training Provider		
Program Director(s)		
Registered business name and address		
Contact details (email, phone, other)		
Locations of program delivery		
<p>Trainers/tutors/lecturers/assessors and their qualifications</p> <p><i>Those who provide training will need to demonstrate appropriate qualification for the area in which they teach and are recommended to have Training and Assessment (TAE) training. (By 2017 it will be mandatory that all teachers on AAYT accredited programs hold the qualification of TAE). Trainers are encouraged to become members or subscribers of AAYT</i></p>		
<p>Training times / length of program (nominal hours, months of delivery)</p> <p>Please include any transfer hours</p>		
Delivery modes (full contact, self-directed study, research, clinic etc)		

<p>Assessment strategy and methods</p> <p><i>Please supply a sample assessment task relating to Standards from each of the sections:</i></p> <p><i>Yoga Foundations</i> <i>Western Foundations</i> <i>Teaching and Therapeutic Skills</i> <i>Yoga Therapy Applications</i> <i>Professional Practice</i></p> <p><i>and details of how you will record results for these assessments.</i></p>		
<p>Practicum</p> <p><i>Please supply your method for record keeping and assessment of the 150 hours of Practicum.</i></p>		
<p>Pre-requisite Yoga teacher training and 300 hours or 2 years of teaching</p> <p><i>Please provide details of the method of assessment of mandatory pre-requisite course requirements and an example of the certification you will provide which is a mandatory document along with course completion certification for membership of AAYT.</i></p>		

TRAINING PROVIDER APPLICATION: CURRICULUM TO MEMBERSHIP AND EDUCATION STANDARDS MAPPING

Please refer to the AAYT Membership and Educational Standards document for further information on evidence guidelines for each criteria. Where the knowledge, skills or competencies relate to pre-requisite training / experience, please note that in the table for the relevant criteria. Any transfer hours included in the course must be noted and aligned to the relevant competency.

Section 1 – Yoga Foundations

Area of Knowledge	Skills and Competencies Required	Learning Areas	Assessment	Contact Hours	Non-Contact Hours
<p>1.1 Yoga principles and philosophies in the provision of Yoga Therapy</p>	<p>1.1.1 Knowledge of the principles and philosophies of the yoga tradition and its relevance and application to Yoga Therapy.</p> <p>Includes teachings from the Vedic and post Vedic period, Samkyha, Yoga Tantra and Ayurveda.</p> <p>Includes core principles of yoga as espoused in seminal yoga texts such as the Bhagavad Gita, Patanjali's Yoga Sutras and Hatha Yoga Pradipika.</p> <p>Examples of concepts and models from the principles and philosophies relevant to Yoga Therapy include, but are not limited to:</p> <ul style="list-style-type: none"> • <i>tanmatra/bhuta/indriya</i> (subtle element, gross elements, senses) • <i>purusha/prakrti</i> (consciousness/material world) • <i>pancamaya kosha</i> (dimensions of the human system) 				

	<ul style="list-style-type: none"> • <i>guna</i> (fundamental forces of nature) • <i>duhkha</i> (suffering/discomfort) • <i>klesha</i> • <i>yama</i> and <i>niyama</i> <p>1.1.2 Knowledge of the relationship between spirituality, health and wellbeing.</p>				
<p>1.2 Yoga and the Mind</p>	<p>1.2.1 Knowledge of yoga perspectives on the structure, states, functioning and conditions of the mind, including but not limited to:</p> <ul style="list-style-type: none"> • <i>drashtr</i> (seer), <i>drshya</i> (seen) • <i>antahkaranana citta</i> (consciousness), <i>buddhi</i> (intellect), <i>ahamkara</i> (ego), <i>manas</i> (mind) • <i>citta vritti</i> (activities of the mind), <i>citta pariama</i> (structural changes in the mind), <i>vyutthana/nirodha</i> (mind's potential for distraction and focus) • <i>artha</i> (cognition), <i>bhava</i> (mood), <i>svabhava</i> (inborn nature), <i>vasana</i> (residue of experience), <i>samskara</i> (conditioned pattern of thinking and behaviour) • states of mind: <i>mudha</i> (stupefied/dull), <i>kshipsta</i> (disturbed), <i>vikshipsta</i> (alternating between distraction and focus), <i>ekagrata</i> (one pointed), <i>nirodha</i> (focus enveloped/held/restrained), 				

	<p><i>vaishvanara</i> (waking), <i>tajasa</i> (dream), <i>prajna</i> (deep sleep), <i>turiya</i> (beyond)</p> <p>1.2.2 Knowledge of yoga perspectives on distracted/disturbed conditions of mind and their expressions as expressed in such texts as the Yoga Sutra, the Bhagavad Gita and other texts, including but not limited to:</p> <ul style="list-style-type: none"> • <i>klesha</i> (affliction) • <i>lobha</i>, <i>drodha</i> and <i>moha</i> (greed, anger, attachment) • <i>duhkha</i> and <i>daurmanasya</i> (suffering/discomfort and negative attitude/thinking, <i>sarupyam</i> (identification with the contents of the mind or seer taking the same form as the mind) • <i>antaraya</i> (obstacles to progress in yoga) 				
<p>1.3 Yogic Framework for Health and Disease</p>	<p>1.3.1 In-depth Knowledge of the yoga perspectives on health and disease from yoga framework, including the concepts of:</p> <ul style="list-style-type: none"> • <i>panca maya (kosha)</i> (fundamental structure of the human system) • subtle anatomy • <i>tri guna</i> (effect of <i>sattva</i> (equilibrium), <i>rajas</i> (activity), <i>tamas</i> (inertia)) 				

	<ul style="list-style-type: none"> • <i>ama</i> (undigested food, emotions, etc. accumulated in the body) • <i>agni</i> (internal fire(s) and their contribution to health) • <i>prana vayu</i> (<i>prana, apana, vyana, udana, samana</i>) • <i>prana prakopa</i> (disturbance of the <i>vayu</i>) • <i>chakra</i> • <i>nadi</i> • <i>tejas, ojas</i> • <i>surya/chandra</i> (sun/moon) • <i>brmhana/langhana</i> (add to/take away) • <i>vyuha</i> model: <i>heyam</i> (symptoms), <i>hetu</i> (causes), <i>hanam</i> (goal), <i>upayam</i> (tools) <p>1.3.2 In-depth Knowledge of the relationships between yogic physiology and health and well being</p>				
	<p>1.3.3 Knowledge of categorising illness, including</p> <ul style="list-style-type: none"> • development/ evolution of disease (<i>samprapti</i>, pathogenesis), including not but limited to direction, intensity, onset and duration and their influence on the ease or difficulty of healing and disease management. • setting priorities: symptoms/pacification (<i>shaman</i>/short term) and purification/strengthening (<i>shodhana</i>/long term). 				

Section 2 – Western Foundations

Area of Knowledge	Skills and Competencies Required	Learning Areas	Assessment	Contact Hours	Non-Contact Hours
2.1 Anatomy and Physiology	<p>2.1.1 Knowledge of human anatomy and physiology as relevant to the work of a yoga therapist. This includes:</p> <ul style="list-style-type: none"> • knowledge of the functioning of the systems of the body including musculo-skeletal, respiratory, cardiovascular, nervous, endocrine, reproductive and digestive • knowledge of the relationship between systems • knowledge of metabolism <p>2.1.2 Knowledge of biomechanics and movement as they relate to the practice of yoga and the work of a yoga therapist, including:</p> <ul style="list-style-type: none"> • structural anatomy and functional physiology • proprioception • normal ranges of motion 				
2.2 Patho-Physiology	<p>2.2.1 Basic knowledge of common pathologies and disorders of the major systems, including symptoms, management, illness trajectories and contraindications, as relevant to the work of a yoga therapist, including the ability to find such information if it is not already known</p>				

<p>2.3 Psycho-Physiology</p>	<p>2.3.1 Knowledge of the body-mind relationship</p> <p>2.3.2 Knowledge of the interaction of the body, breath, mind, intellect and emotions in health and wellbeing</p> <p>2.3.2 Basic knowledge of commonly occurring mental health conditions – from psychological distress to psychiatric conditions – their symptoms and common approaches/ interventions as they relate to the work of a yoga therapist</p> <p>2.3.3 Basic knowledge of psychological concepts and terminology, including mood, cognition, behaviour and personality, as relevant to the work of a yoga therapist</p>				
<p>2.4 Biomedical and Social Knowledge</p>	<p>2.4.1 Basic knowledge of bio-medical language/terminology</p> <p>2.4.2 Basic knowledge of commonly used drugs and surgical procedures, as relevant to the work of a yoga therapist.</p> <p>2.4.3 Knowledge of how to refer to current healthcare information relevant to the work of a yoga therapist, including pathologies, disorders, drugs and surgical procedures, as relevant to the work of a yoga therapist</p>				

	<p>2.4.4 Basic knowledge with models of human development, including developmental stages, lifecycles and personality and their importance to medical and psychological health and wellbeing.</p> <p>2.4.5 Basic knowledge with the influence of familial, social, cultural and religious conditioning on mental and medical perspectives of health and healing.</p>				
<p>2.5 Research</p>	<p>2.5.1 Knowledge of how to identify and access a range of primary and secondary information sources.</p> <p>2.5.2 Basic knowledge of how to access and critically evaluate current reference material on the effects of yoga and other therapies</p> <p>2.5.3 Basic knowledge of how to include new findings in clinical treatment strategies</p>				

Section 3 – Teaching and Therapeutic Skills

Area of Knowledge	Skills and Competencies Required	Learning Areas	Assessment	Contact Hours	Non-Contact Hours
3.1 The Therapeutic Relationship	<p>3.1.1 Knowledge of a variety of communication skills appropriate to the practice of Yoga Therapy, including:</p> <ul style="list-style-type: none"> • verbal and non-verbal communication • listening • mutual positive regard • energetic connections/presence • directive and non-directive dialogue • confidentiality and mutual trust • professional boundaries • negotiation and conflict resolution skills <p>3.1.2 Knowledge of basic counselling methods, including:</p> <ul style="list-style-type: none"> • knowledge of boundaries • limits to Scope of Practice • ability to assess the need for referral to professional counselling • respond appropriate to a range of client in a range of situations • develop and maintain an appropriate and effective physical, psychological and energetic therapeutic environment • apply yogic ethical and behavioural principles in client dealings • provide a safe treatment in accordance with the individual, condition and presence of complicating factors 				

	<p>3.1.3 In-depth knowledge of the Scope of Practice for Yoga Therapy and how to assess the need for referral to other professional services.</p> <p>3.1.4 Demonstrated ability to recognise, adjust and adapt to specific client/student needs in the evolving therapeutic/professional relationship</p> <p>3.1.5 Demonstrated ability to recognise and manage the subtle dynamics inherent in the therapist/client relationship</p> <p>3.1.6 Demonstrated ability to develop and maintain therapeutic relationships including:</p> <ul style="list-style-type: none"> • fostering trust by establishing an appropriate therapeutic environment through privacy, confidentiality and safety, and • practising effective client/student-centred communication based upon a respect for, and sensitivity to individual, familial, cultural, social, ethnic, and religious factors. 				
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<p>3.2 Therapeutic Group Skills</p>	<p>3.2.1 Knowledge of group dynamics as they pertain to therapeutic relationships, including:</p> <ul style="list-style-type: none"> • communication skills • time management • the establishment of priorities and boundaries • techniques to address the specific needs of individual participants, to the degree possible in a group setting. <p>3.2 Demonstrated ability to manage therapeutic groups including:</p> <ul style="list-style-type: none"> • ability to design, implement and evaluate group programs • show sensitivity to issues in managing therapeutic groups • manage both individual and group needs in therapeutic groups • when to recommend individual Yoga Therapy outside of the therapeutic group 				
<p>3.3 Educating Clients/Students</p>	<p>3.3.1 Demonstrated ability to implement effective teaching methods, adapt to unique styles of learning, provide supportive and effective feedback, acknowledge the client's/student's progress and cope with unique difficulties/successes.</p> <p>3.3.2 Demonstrated ability to transmit the value of self-awareness and self-responsibility throughout the therapeutic process.</p> <p>3.3.3 Demonstrated ability to develop and adjust appropriate practice strategies to the client/student.</p>				

Section 4 – Yoga Therapy Application

Area of Knowledge	Skills and Competencies Required	Learning Areas	Assessment	Contact Hours	Non-Contact Hours
<p>4.1 Client Assessment</p>	<p>4.1.1 In-depth knowledge of the principles and methodologies of a client assessment including:</p> <ul style="list-style-type: none"> • knowledge of accurate/appropriate history taking and recording • knowledge of appropriate use of <i>darshana</i>, <i>prashna</i> and <i>sparshana</i> • understanding and appropriate application of the <i>Vyuha</i> model (<i>heyam</i>, <i>hetu</i>, <i>hanam</i> and <i>upayam</i>) • knowledge and appropriate use of structural and functional assessment • knowledge and appropriate use of subjective and objective assessment • knowledge and appropriate use of lifestyle assessment • demonstrated understanding of social, cultural and ethnic sensitivities • demonstrated communication skills • demonstrated respect for healthy client-practitioner boundaries • ability to interpret referrals from other health care providers • knowledge of contraindications to specific treatments 				

<p>4.2 Program Design and Review</p>	<p>4.2.1 Demonstrated ability to design and review a Yoga Therapy program, including:</p> <ul style="list-style-type: none"> • knowledge of the application of the 8 limbs of yoga. • demonstrated ability to appropriately interpret assessment findings. • demonstrated ability to apply <i>vinyasa krama</i> (orderly and appropriate sequencing) in the development and teaching of Yoga Therapy practices. • demonstrated ability to apply an appropriate range of therapeutic interventions. • demonstrated ability to apply modifications to a range of practices. • in-depth knowledge of contraindications for various practices. 				
<p>4.3 Provide Yoga Therapy Advice and Treatment (practicum) You may include clinic hours, diary entries, references, copies of client programs etc to show you have completed these hours.</p>	<p>4.3.1 Demonstrated ability to assess a client and provide Yoga Therapy advice and treatment, including:</p> <p>4.3.1.1 Conducting a Yoga Therapy health assessment</p> <ul style="list-style-type: none"> • undertake accurate/appropriate history taking and recording. • apply an established Yoga Therapy assessment framework (eg. <i>darshana, prashna, sparshana, heyam, hetu, hanam</i> and <i>upayam</i>) 				

	<ul style="list-style-type: none"> • undertake an appropriate structural, functional, emotional and general health assessment. • undertake an appropriate assessment of the client's lifestyle factors. • demonstrate respect for social, cultural and ethnic circumstances. • demonstrate communication skills • demonstrate respect for practitioner/client/patient boundaries. • interpret referrals and reports from other health care providers. <p>4.3.1.2 Providing Yoga Therapy advice and treatment</p> <ul style="list-style-type: none"> • incorporation of the philosophies and principles of yoga in the provision of Yoga Therapy • demonstrate clinical reasoning in the design of a Yoga Therapy program • demonstrate ability to design an individual Yoga Therapy program based on assessment findings • consult with the client to establish the Yoga Therapy program based on their goals and capabilities • check for client's understanding and application of the program • recommend additional resources where appropriate • conduct appropriate follow up review of treatment 				
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Section 5 – Professional Practice

Area of Knowledge	Skills and Competencies Required	Learning Areas	Assessment	Contact Hours	Non-Contact Hours
5.1 Professional Ethics	5.1.1 Demonstrated ability to apply <i>yama</i> and <i>niyama</i> to own yogic lifestyle and understand application of same in a therapeutic context. 5.1.2 In-depth knowledge of the AAYT Scope of Practice and Code of Conduct. 5.1.3 In-depth knowledge of ensuring no misuse of power in the therapeutic relationship.				
5.2 Legal, Regulatory and Business Issues relating to the Administration of a Professional Practice	5.2.1 Knowledge of the legislation and working requirements of: <ul style="list-style-type: none"> • occupational health and safety • duty of care • confidentiality • privacy • freedom of information • equal opportunity • documents required for working with children, vulnerable communities and in government subsidised facilities. 5.2.2 Knowledge of the application of: <ul style="list-style-type: none"> • therapist self-care • business legislative and industry requirements, including taxation, insurance and advertising code of conduct • effective practice management strategies including record keeping, fee structure, supportive working environment, industry relationships, promotion and advertising guidelines 				

<p>5.3 Professional Relationships</p>	<p>5.3.1 Demonstrated ability of effective negotiation and conflict resolution skills</p> <p>5.3.2 Demonstrated ability to show positive regard for peers and apply yogic ethical and behavioural principles in dealings with others</p> <p>5.3.3 Demonstrated ability to understand and interpret referrals and reports and to provide effective referrals</p> <p>5.3.4 In-depth knowledge of the roles of other professionals a yoga therapist may work alongside or refer on to, and an understanding when to refer on to these other health professionals (public and private health systems)</p> <p>5.3.5 Demonstrated ability to establish and maintain a referral network</p> <p>5.3.6 Demonstrated ability to apply knowledge of other healthcare modalities and community resources to assist clients.</p>		<p><i>NB. Personal references will be accepted assuming that the referee has the professional ability to make objective assessments – therefore references from clients are not deemed suitable.</i></p>		
<p>5.4 Continuing Professional Development</p>	<p>5.5.1 Knowledge of the importance of a personal yoga practice and <i>sadhana</i>, including self-reflection (<i>svadhyaya</i>)</p> <p>5.5.2 Knowledge of the need to maintain currency of skills and knowledge through appropriate professional development programs</p> <p>5.5.3 Knowledge of situations which may necessitate professional support, consultation with other professionals and/or formal supervision.</p>				

AAYT online/distance education: Yoga Therapy training requirements

To ensure that online/distance education courses provide an equivalent standard to face-to-face teaching, Training Providers are required to complete a criteria checklist below and submit with this application. To become accredited each criteria must receive a level 3. Please note feedback will be given if it is lower than level 3 and Training Providers will have a chance to make the necessary changes.

Teaching and Learning Standards

This document is based on the *iNACOL National Standards of Quality for Online Courses* (Pape, Wicks et al, 2009) and provides checklist to ensure that courses accredited with AAYT conform to Australian standards for quality in online/distance education.

Checklist to ensure quality of online/distance courses

This checklist provides a means of rating the quality of an online/distance course. It can be used as a checklist for the institution and also for AAYT to provide feedback to the Training Provider.

Rating Scale

- 5 Exemplary: a model of best practice as related to this criterion
- 4 Accomplished: excellent implementation; comparable to other examples
- 3 Promising: good implementation; however, somewhat lacking in depth or detail
- 2 Incomplete: partial implementation of this criterion; additional work needed; good start
- 1 Confusing: not obvious; more work needed; not a good example.

1.0	Teaching and Learning Standard Course Structure	Rating
1.1	Has clearly stated and attainable educational goals.	
1.2	Is clear and coherent in its instructions and course organization.	
1.3	Utilizes quality instructional materials and appropriate technology that enable and enrich student learning.	
1.4	Demonstrates rigorous course content.	
1.5	Provides for high-degree of interaction between teacher and learners and if appropriate among learners themselves if group interaction is possible.	
1.6	Embeds critical thinking, problem solving, analysis, integration, and synthesis abilities in learning activities.	
1.7	Meets requirements of appropriate state or national standards, including applicable end of course assessments.	
1.8	Ensures variations in materials to ensure equitable access for individuals with disabilities and rural and international students.	
1.9	Meets requirements of copyright and fair use.	
1.10	Is designed to accommodate different learning styles.	
1.11	Is designed with consideration for time and place limitations of students.	
2.0	Course Content	
2.1	Is grounded in yogic philosophy and is coherent with the training program's mission, beliefs, and expectations for student learning.	
2.2	Is supported by research and best practice (course material requires references).	
2.3	Is continually refined based on assessment of students needs and up to date research based best practice.	
2.4	Is adaptable to best serve different student learning styles.	
2.5	Is sensitive to the cultural differences of students.	
2.6	Includes frequent teacher to student interaction, and if appropriate fosters frequent student-to-student interaction.	
2.7	Is sensitive to time and place limitations of students.	
2.8	Faculty hold the recognised qualifications in yoga and adult education. AAYT membership is required for principal faculty members. Guest presenters must be suitably qualified in their field of expertise and hold recognised professional memberships. E.g. AASW, AHPRA, AMA, ANTA.	
2.9	Faculty are trained in and demonstrate competency in online instructional methodologies and learning technologies.	
3.0	Assessment	
3.1	Includes a process to monitor that the work and assessments are completed by the students accredited for the course.	
3.2	Enables teachers to adapt their instruction to meet learner needs.	
3.3	Uses multiple methods to assess student performance.	
3.4	Assesses a variety of types of student performance.	
3.5	Uses assessments based on instructional practice.	
3.6	Informed by ongoing course design and revisions.	
3.7	Measures student attainment of the course's educational goals.	
3.8	Provides for timely and frequent feedback about student progress.	
4.0	Online Learning Specific	
4.1	Provides an orientation to online learning technologies and successful online student practices.	
4.2	Provides appropriate access to learning and assessment content, instruction, technologies and resources.	
4.3	Establishes standards for teacher to student communication.	
4.4	Provides timely and meaningful assessment feedback.	

AAYT TRAINING PROVIDER PROGRAM: FEE OUTLINE

Type/Description of Fee	Full Course Recognition	Partial Course Recognition
<p><i>Application Fee:</i></p> <p>This fee includes the assessment of an application for recognition of a Yoga therapy program that meets all the Standards and includes the first year's annual fee. Pro rata fees apply to applications received during the year.</p>	\$100	\$50
<p><i>Annual Fee:</i></p> <p>Annual Fees are due on 31 August each year. This fee includes a 3 year review of course currency in relation to alignment with Standards.</p>	\$30	\$20
<p><i>Review Fee:</i></p> <p>This fee covers a review of the course if any major changes to the course structure and delivery have been made.</p>	\$60	\$30
<p><i>Late Fee:</i></p> <p>This additional fee will apply to renewals which are not received by 30 September each year.</p>	\$50	\$30

(Fees to be reviewed from time to time to reflect economic/business circumstances)

AAYT TRAINING PROVIDER PROGRAM: RENEWAL OF TRAINING PROGRAM ACCREDITATION

Yearly renewal

All training programs will be due for renewal at **31 August** each year. Renewal forms will be sent out one month prior and payment of the renewal will assume that no major changes have been made to the course structure and/or delivery. The cost of renewal will remain at \$30 for full courses and \$20 for short or partial courses.

If changes have been made these must be communicated to AAYT for review, and the renewal fee for that year will be \$60 for full courses and \$30 for short or partial courses. The increased fee covers costs of the course being reviewed against the Standards and changes noted.

Three year review

The annual fee of \$30 includes a review (every 3 years) of the course currency in relation to alignment with AAYT Standards. This entails the Training Provider submitting a *Course Review Declaration*. This document will be sent to the Training Provider one month prior to renewal date.

Late renewals

Unless agreed upon prior, renewals not received by 31th October will no longer be accepted and Training Provider details will be deleted from our database and website. Training Providers will then need to resubmit an application and pay the initial application and first year annual fee - \$100 for a full course and \$50 for a short or partial course. If Training Providers choose not to have their courses renewed it is expected that all AAYT logos and references to Training Program accreditation will be deleted from their websites and printed material immediately.

Pro-rata

Programs that are not due for renewal within the next few months will receive a pro rata invoice.

AAYT TRAINING PROVIDER PROGRAM: BENEFITS OF AAYT PROGRAM ACCREDITATION

Framework for training

- By matching course content to AAYT Membership Standards, Training Providers use a framework for course development that is in line with worldwide Standards.
- AAYT's role is to keep abreast of changes and improvements to worldwide training and will adjust its own membership Standards periodically to match. This will enable Training Providers to continue to offer the best possible course content for their students. Where possible, Training Providers will be invited to work alongside AAYT Committee and the Council of Advisors to assess AAYT Membership Standards.
- AAYT is working to ensure its membership Standards match those of IAYT so that 'cross membership' of both organisations will be possible if required.

AAYT accreditation of training graduates

- Automatic membership to AAYT (for full course accreditation)
- Meeting of partial membership Standards (for partial course accreditation)
- AAYT membership signifies a particular level of training that is comparable to worldwide Standards and gives members a professional body with which to connect.

Marketing support

- Training Providers can use the AAYT logo as a visual tool to help set their course apart from those who don't match AAYT membership Standards
- Listing on the AAYT website under Accredited Training programs
- Access to printed leaflets for prospective students which outline the benefits of choosing an AAYT Accredited Yoga Therapy Training Program

AAYT newsletter

- Training Providers receive the AAYT newsletter that provides information on AAYT activities, research and other relevant information.
- A regular listing of workshops provided by Accredited Training Programs in each newsletter with links back to a Training Provider's website.

Indirect access to Council of Advisors

- AAYT will liaise with Council of Advisors members to answer relevant queries from Training Providers should the need arise.

Support of Yoga Therapy in Australia

- AAYT works constantly to support the growth of Yoga Therapy in Australia and to promote the membership Standards to which Training Provider's programs are aligned.