



**AUSTRALASIAN ASSOCIATION OF
YOGA THERAPISTS**
Leadership • Education • Integrative Medicine

Dear Members,

Wishing an auspicious new year to all our Members, subscribers, affiliates and partners! This month we've been looking at the content of our last survey, brainstorming amongst the committee and training providers to incorporate directions on a new strategic plan that will guide us through the next three year period. Your thoughts and views are very welcome and a draft plan will go on our website very soon. Our main aim is to reflect our membership needs with promotion, education and integration remaining high on our agenda!

Welcome to members renewing with AAYT, and to new members joining us - it's also been wonderful to receive the emails of support for the Association and the Committee's work. Renewal has been a new process for this Committee and we are doing our best to refine, streamline and make it as easy and accessible as possible for you. Our new 'Member Secretary' Kylie Hennessy, has been the wonderful Wiz behind the wand of renewals and we are especially grateful for her skills, time and dedication.

RENEWALS are still welcome! So if you haven't yet – NO, WE HAVE NOT MERGED and YES, WE LOOK TO OUR MEMBERS TO SUPPORT the organisation's independence and effective functioning, and of course we encourage new members to join us!

What's on offer?

An Association that:

- Exclusively represents Yoga Therapists interests;
- Promotes Accredited Training Providers;
- Defines Yoga Therapy and Promotes Yoga Therapists;
- Provides a monthly News and Information Bulletin;
- Offers Educational opportunities;

- Publicises Yoga Therapy events;
- Affiliates with kindred bodies;
- Offers a Facebook discussion page;
- Distributes discounts;
- Ensures the movement of Yoga Therapy is defined by professional standards and by people well trained and practicing in the field.

Please note that we are a not-for-profit Association made up of members and volunteers. Our effort is in keeping the organisation focussed and functional in representing yoga therapy interests. The Committee is made up of dedicated members who apply their knowledge, skills and expertise towards the common good of the whole to the best of our abilities and good intentions.



In April this year, we will be participating in an Enlightened Events Yoga Therapy Conference prepared and co-ordinated by Trina Baldwin-Smith. You can find details of the event on:

<http://enlightenedevents.com.au/events/australian-yoga-therapy-conference>

AAYT will have a table at the Conference to meet members, provide information and promote AAYT's activities as an association. We will be looking to meet and greet Yoga Therapists, to offer information and flyers on what we do and how you too can help promote our wonderful sector. We're looking for feedback from you in terms of your ideas and reflections for AAYT. We are there to listen, take advice and respond to members and potential members. We share a common vision of seeking recognition for the healing capacity of Yoga Therapy and we do this by pursuing a level of excellence that will lead to public acknowledgement and success for Yoga Therapists.

An offer for AAYT members:

AAYT has obtained a discount for our members to access the Educational Forum Yoga U Online:



YogaUOnline is a leading provider in online education for yoga teachers and yoga therapists. We offer courses and practices with teachers such as Judith Hanson Lasater, Donna Farhi, Ana Forrest, Tom Myers, and more. Our teachers focus on making yoga--and its numerous benefits--accessible to every body.

Place discount voucher here

In the meantime wishing you all an excellent year ahead!

Kind Regards,
Karine Shellshear
President of AAYT